















* American Heart Month * Bake for Family Fun Month * Florida Strawberry Month *
 * Library Lovers Month * National Black History Month * National Cherry Month *
 * National Children's Dental Health Month * Sweet Potato Month *
 *National Cancer Prevention Month * National Wise Health Consumer Month *

February 2009



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
International Coaching Week (2/1 - 2/7) Women's Heart Week (2/1 - 2/7)						
1	2  Ground Hog Day	3	4  National Girls & Women in Sports Day	5	6  Midwinter's Day  National Wear Red Day	7 Challenge students to create a heart healthy lunch menu!
8  Man Day	9  Lunar Eclipse	10	11	12  Abraham Lincoln Born: 1809	13	14  Valentine's Day National Have-a-Heart Day
15	16  President's Day	17	18 Cow Milked While Flying in an Airplane: 1930	19	20	21
National Eating Disorders Awareness Week (2/22 - 2/28)						
22  George Washington Born: 1732	23	24  National Pancake Day  Mardi Gras	25 Take a class field trip to your grocery store's produce department.	26  National Chili Day	27	28  International Sword Swallowers Awareness Day